

## SALMON LIFE CYCLE STAGES GAME

## Play this game after teaching about the Salmon life cycle.

Confirm that everyone knows how to play Rock-Paper-Scissors and everyone plays it the same.

Review and introduce the actions that show each life cycle stage (share a bit more information about each stage when you introduce them):

Egg= curl up small like an egg (eggs are buried in the gravel over winter)

Eyed egg= curl up with hand over one eye (once eggs get warm you can see one eye)

Alevin= make a round egg sac in front with arms (alevin use the egg sac to grow, like a lunch box, for about one month they stay in the gravel)

Fry= use hands together crouched low down to show a small fish (swim around looking for food, small insects in the water)

Smolt= use hands together mid way down to show a small fish (fish ready to swim to the estuary)

Adult= make a big fish, hands apart and swim around (get bigger and bigger swim around the ocean eating smaller fish)

## Practice the different actions again

Explain how everyone starts as an egg, they find another egg and play Rock-Paper-Scissors to change into the next stage of the life cycle. Have volunteers to show this for visual learners. When you win at Rock-Paper-Scissors you find another one in the same stage to play again and if you win you change if you lose then you stay at that stage again and find someone else in the same stage to play again.

## Ready to play, everyone starts as an egg... GO

Eventually everyone will change to die or if they do not you can appoint some to change or die depending.



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